#### INSTITUTE OF SPECIAL EDUCATION

### University of the Punjab, Lahore

#### **BS Special Education**

### **Introduction to Intellectual and Developmental Disability**

**Course Code: SEBS-203** 

# Third Semester (3 Credit Hours)

#### **Learning Outcomes**

After the completion this course the learners will be able to:

- 1. Define and discuss the characteristics of children mild to moderate intellectual and developmental disabilities.
- 2. Plan educational and training programs for different categories of children with intellectual and developmental disabilities.
- 3. Plan and implement intervention programs for various types of children with intellectual disabilities.

#### **Contents**

#### **Unit-1:** Back Ground of Intellectual and Developmental Disabilities

- 1.1 Intellectual and Developmental Disability of Changing Perceptions
- 1.2 A review of Developments
- 1.3 A Community Perspective

# Unit-2: Introduction to Intellectual and Developmental Disabilities

- 2.1 Definition of Intellectual and Developmental Disabilities.
  - 2.1.1 AAMD (1983) by Grossman.
  - 2.1.2 AAMR (1992)
  - 2.1.3 AAIDD (2003)
- 2.2 Incidence and Prevalence of Intellectual and Developmental Disabilities.

# Unit-3: Causative Factors and Preventions of Intellectual and Developmental Disabilities

3.1 Genetic and Hereditary Factors.

- 3.1.1 Genetic Disorder
- 3.1.2 Genetic Transmission.
- 3.1.3 Chromosomal Deviations Cranial Malformations.
- 3.2 Congenital Factors
  - 3.2.1 Maternal Disease
  - 3.2.2 Infections Disease
  - 3.2.3 Pre Maturity and Prenatal Concerns
  - 3.2.4 Postnatal Biological Concerns
  - 3.2.5 Psychosocial Concerns and Environmental Factors
- 3.3 Prevention
  - 3.3.1 Preconception
  - 3.3.2 During Gestation
  - 3.3.3 At Gestation
  - 3.3.4 Early Intervention for high Risk Children

#### **Unit-4:** Intellectual and Developmental Disabilities Classifications

- 4.1 Levels of Intellectual and Developmental Disabilities
  - 4.1.1 Mild (Educable)
  - 4.1.2 Moderate (Trainable)
  - 4.1.3 Severe Profound (Dependent)
- 4.2 Other than Intellectual and Developmental Disabilities
- 4.3 Down Syndrome
- 4.4 Microcephalus
- 4.5 Hydrocephalus
- 4.6 Autism

# Unit-5: Educational and Psychological Characteristics of Individual with Intellectual and Developmental Disabilities

- 5.1 Characteristics of Milder Child with Intellectual and Developmental Disabilities.
- 5.2 Socioeconomics and Family Patterns. Motivational and Socio Behavioral Characteristics.
- 5.3 Self-Regulatory Behaviors
- 5.4 Learning Characteristics
  - 5.4.1 The Ability to Achieve (Cognition)
  - 5.4.2 Adaptive Behavior

- 5.5 Speech and Language Characteristics
- 5.6 Educational Characteristics
  - 5.6.1 Communication
  - 5.6.2 Motivational
  - 5.6.3 Behavioral Needs
  - 5.6.4 Poor Cognition
  - 5.6.5 Poor Perception
  - 5.6.6 Poor Concentrations
  - 5.6.7 Short Memory
  - 5.6.8 Short Attention Span

#### **Unit-6:** Assessment of Intellectual and Developmental Disabilities

- 6.1 Assessment
  - 6.1.1 Formal Assessment
  - 6.1.2 Informal Assessment
- 6.2 Assessment of Adaptive Behavior/Functional Assessment
  - 6.2.1 Functional Testing Defined
  - 6.2.2 Curriculum Based Assessment
  - 6.2.3 Informal Checklists
  - 6.2.4 Biweekly Assessment and Planning Guide

#### **Unit-7:** Educational Programming

- 7.1 Placement Alternatives
- 7.2 Special Class Program
- 7.3 Regular Class Program
- 7.4 The Individualized Education Plan

#### **Unit-8:** Teaching Methods

- 8.1 Individual Instruction
  - 8.1.1 The "Attention, Model, Prompt and Test Teaching Method" for one-to-one Teaching
- 8.2 Individualized Instruction
- 8.3 Group Instruction
- 8.4 Sequential Instruction
- 8.5 Concurrent Instruction
  - 8.5.1 The "Attention, Model, Prompt and Test Teaching Method" for Group Instruction

- 8.6 Designing a Teaching Sequence
  - 8.6.1 Designing a Teaching Sequence
  - 8.6.2 Write an Instructional Objective
  - 8.6.3 Do a Performance Analysis
  - 8.6.4 Prepare the Teaching Materials Required
  - 8.6.5 Prepare the Teachers Scripts

# Unit-9: Developmental Areas of Intellectual and Developmental Disabilities

- 9.1 Cognitive Development
- 9.2 Language Development
- 9.3 Speech Language and Communication
- 9.4 Milestones of Language Development
- 9.5 Disorder of Speech and Language
- 9.6 Neuro-Motor Development
  - 9.6.1 Head and Brain Characteristics
  - 9.6.2 Reflexes and Voluntary Behavior
  - 9.6.3 Emotions and Central Nervous System
  - 9.6.4 Sensory Organ and Cranial Nerves
  - 9.6.5 Structure of Brain

## **Teaching-learning Strategies**

Lecturing, text book reading, group discussion, question answer sessions.

## **Assignment- Types and Number with Calendar**

Classroom presentation, quiz, oral and written test, classroom projects. 2 before mid-term and 2 after mid-term paper will be given.

#### **Assessment and Examinations:**

Sr. No.	Elements	Weightage	Details
1.	Midterm	35%	Written test at the mid-point of the semester.
	Assessment		
2.	Formative	25%	It is continuous assessment. It includes: classroom
	Assessment		participation, attendance, assignment and
			presentations, homework, attitude and behavior,
			hands-on-activities, short tests, quizzes etc.
3.	Final	40%	Written test at the end of the semester.
	Assessment		

### **Suggested Readings**

Algozzine, B. (2006). Teaching students with mental retardation. California: Corwin Press.

Drew, C.J. (2000). Mental retardation (7th ed.). Columbus: Merrill

Reddy, G.L. (2004). Mental retardation. New Delhi: Discovery.

Patton, J.R. & Smith M.B. (1994). *Mental retardation* (4<sup>th</sup> ed.). New York: Mac Milan.

Gargiulo, R.M. (2006). Special education in contemporary society: An Introduction to Exceptionality. Austria Thomsan.

Smith, D.D (1998). introduction to special education. Boston: Allyn & Bacon.

Farrel, M. (2008). Educating special children. New York: Routledge.

Wilmshurst, L. (2010). *The complete guide to special education* (2<sup>nd</sup> ed.). San Francisco: JerseyBass

Sahu, B.K. (2002). Education of exceptionalities children. Ludhiana: Kalyani Publisher.